



**LEARN THE KEY TO:**

**Overcome Mental  
Blocks**

**Relieve Stress**

**Build Confidence**

**Unleash Your  
Creative Potential**

## **MARCH 4<sup>TH</sup>, 2018** **SYNC-YOUR-BRAIN WORKSHOP**

**A Simple, Effective Method that will *Free Your Mind***

Join singer/songwriter Tim Hamm for a fun and informative workshop where you will learn the “Synchronethod”, a revolutionary program that will ***change your life!***

For decades Tim struggled with depression and anxiety. Traditional treatments provided little to no relief. But the techniques that he teaches in this workshop made an immediate difference in his life. And now he is following his passion and living his dreams as a musician and speaker. So no matter what your life challenges are, you too can learn these simple exercises. Please join Tim in this workshop and find out how to break through to the next level!

**3145 South Gate Circle  
Sarasota, FL 34239 941-  
927-6212**

**12:30-2:30pm**

*For Information go to:*

**SyncYourBrain.com**

**Workshop Fee \$25\***

(\*scholarship available, see Rev. Theresa)